Keiki Gourmet

SAINT MARK ELP LUNCH MENU

Menu items are subject to change. Lunch is served with 1% or whole milk.
Whole grain-rich items are indicated in RED.

NOVEMBER 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 GROUND BEEF TACO SOFT TACO TORTILLA MIXED VEGETABLES PEACHES	3 COCONUT CHICKEN CURRY PEAS AND CARROTS WHOLE GRAIN BROWN RICE PEARS	4 BAKED CAJUN FISH GREEN BEANS WHOLE GRAIN BROWN RICE PINEAPPLE CHUNKS	5 BAKED TERIYAKI CHICKEN MIXED VEGETABLES WHOLE GRAIN BROWN RICE FRUIT COCKTAIL	6 GROUND BEEF SLOPPY JOE SLIDER BUN SLICED CUCUMBERS MANDARIN ORANGES
9 WHOLE WHEAT PENNE W/GROUND BEEF & VEGETABLE MARINARA SAUCE ENRICHED BREADSTICK PEACHES	10 BAKED LEMONGRASS CHICKEN PEAS AND CARROTS WHOLE GRAIN BROWN RICE PEARS	11 **VETERANS' DAY** **NO SCHOOL**	12 BAKED LAWRY'S FISH MIXED VEGETABLES WHOLE GRAIN BROWN RICE FRUIT COCKTAIL	13 HAM AND CHEESE SANDWICH TOSSED SALAD WHOLE WHEAT BREAD MANDARIN ORANGES
16 WHOLE GRAIN CHICKEN NUGGETS GREEN BEANS PEACHES	17 CHICKEN ADOBO PEAS AND CARROTS WHOLE GRAIN BROWN RICE PEARS	18 GROUND BEEF BULGOGI MIXED VEGETABLES WHOLE GRAIN BROWN RICE PINEAPPLE CHUNKS	19 BAKED CAJUN FISH GREEN BEANS WHOLE GRAIN BROWN RICE FRUIT COCKTAIL	20 KALUA PORK SLIDER BUN SLICED CUCUMBERS MANDARIN ORANGES
23 WHOLE WHEAT MACARONI W/GROUND BEEF & VEGETABLE MARINARA SAUCE ENRICHED BREADSTICK PEACHES	24 SHOYU CHICKEN PEAS AND CARROTS WHOLE GRAIN BROWN RICE PEARS	25 ROAST TURKEY W/GRAVY GREEN BEANS WHOLE GRAIN BROWN RICE PINEAPPLE CHUNKS	26 **THANKSGIVING BREAK** **NO LUNCH**	27 **THANKSGIVING BREAK** **NO LUNCH**
30 WHOLE GRAIN CHICKEN CORNDOG PEAS AND CARROTS PEACHES				

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