



SAINT MARK ELP LUNCH MENU

Menu items are subject to change. Lunch is served with 1% or whole milk.
Whole grain-rich items are indicated in **RED**.

May 2024

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|--|---|
| | | 1 TERIYAKI GROUND BEEF BROCCOLI ENRICHED/BROWN RICE MIX PINEAPPLE CHUNKS | 2 CHICKEN ADOBO MIXED VEGETABLES ENRICHED/BROWN RICE MIX FRESH HONEYDEW | 3 TURKEY DOG HOT DOG BUN MIXED SALAD MANDARIN ORANGES |
| 6 HEAD OF SCHOOL HOLIDAY NO SCHOOL | 7 BAKE CHAR SIU CHICKEN SLICED CARROTS ENRICHED/BROWN RICE MIX PEARS | 8 GROUND BEEF CURRY STEW MIXED VEGETABLES ENRICHED/BROWN RICE MIX PINEAPPLE CHUNKS | 9 BAKED GINGER FISH GREEN BEANS ENRICHED/BROWN RICE MIX FRESH HONEYDEW | 10 WHOLE GRAIN CHICKEN CORNDOG SLICED CARROTS MANDARIN ORANGES |
| 13 GLAZED HAM PEAS AND CARROTS ENRICHED/BROWN RICE MIX PEACHES | 14 GROUND BEEF CHILI MIXED VEGETABLES ENRICHED/BROWN RICE MIX PEARS | 15 BAKED HERB CHICKEN PEAS AND CARROTS ENRICHED/BROWN RICE MIX PINEAPPLE CHUNKS | 16 BAKED CAJUN FISH GREEN BEANS ENRICHED/BROWN RICE MIX FRESH HONEYDEW | 17 BBQ PULLED PORK SLIDER BUN SLICED CUCUMBERS MANDARIN ORANGES |
| 20 SALISBURY STEAK MIXED VEGETABLES ENRICHED/BROWN RICE MIX PEACHES | 21 SHOYU CHICKEN SLICED CARROTS ENRICHED/BROWN RICE MIX PEARS | 22 POT ROAST BEEF PEAS AND CARROTS ENRICHED/BROWN RICE MIX PINEAPPLE CHUNKS | 23 BAKED LEMON PEPPER FISH GREEN BEANS ENRICHED/BROWN RICE MIX FRESH HONEYDEW | 24 WHOLE GRAIN CHICKEN BREAST PATTY SLICED CARROTS MANDARIN ORANGES |
| 27 MEMORIAL DAY NO SCHOOL | 28 WHOLE WHEAT MACARONI W/GROUND BEEF & VEGETABLE TOMATO SAUCE ENRICHED BREAD STICKS PEACHES | 29 WHOLE GRAIN CHICKEN BREAST NUGGETS SLICED CARROTS PEARS | 30 GROUND BEEF BULGOGI MIXED VEGETABLES ENRICHED/BROWN RICE MIX PINEAPPLE CHUNKS | 31 EARLY DISMISSAL NO LUNCH |

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